



Veltra™

Step-by-Step Usage Guide

Losing weight has never been this simple.

One step at a time, we guide you through your journey safely, calmly, and with total confidence.



List of materials needed:

a.



b.



c.



d.



e.



f.



g.



TIPS: Use only new, sterile syringes and needles for each injection. For personalized guidance on needle size and equipment selection, consult our AI assistant.

- a. 1 vial of peptide (Retatrutide / VetraxTM)
- b. 1 vial of bacteriostatic water
- c. 1 mixing syringe (2-5 mL)
- d. 1 insulin syringe (1 mL, thin needle)

- e. Alcohol wipes
- f. Gloves (optional)
- g. Sharps disposal container (optional)



Step by Step Guide

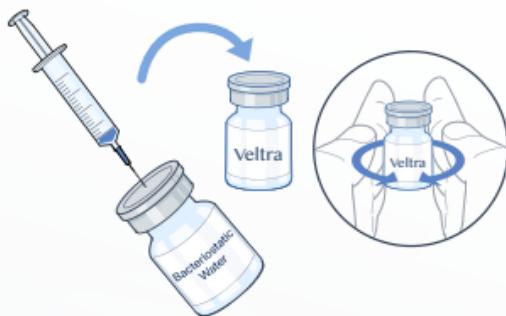
1

Prepare your workspace



- Clean surface with alcohol wipes
- Let everything dry

2 Reconstitution

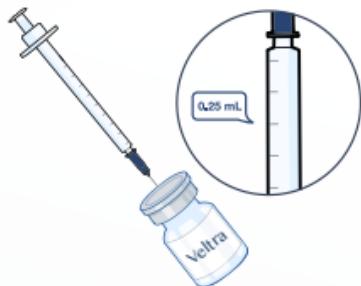


- Draw up the bacteriostatic water
- Slowly inject it into the peptide vial
- Gently swirl to dissolve (do not shake)



TIPS: Inject the bacteriostatic water slowly along the vial wall, then gently swirl the vial — do not shake, as this may damage the peptide.

3 Draw your dose



- Use insulin syringe
- Follow your guided dose (e.g. 0.25 mL)



TIPS: If a 5mg vial is reconstituted with 1.25 mL, the concentration is 4 mg/mL. Draw 0.25 mL for a 1 mg dose

4 Subcutaneous injection



- Clean the skin
- Pinch lightly
- Inject into the belly or thigh



TIPS: Rotate injection sites regularly and inject slowly to improve comfort and absorption.

5 Dispose of used needle



- Use sharps container or wrap securely

Reminders & Safety Tips

- Always use a clean area
- Never reuse needles
- Store mixed product in the fridge
- Avoid shaking the vial
- Do not expose to sunlight or heat

Before Reconstitution

-  Store in the refrigerator (2–8°C / 36–46°F) or at cool room temperature.
-  Protect from light, heat.

After Reconstitution

-  Store in the refrigerator (2–8°C / 36–46°F).
-  Use within 30 days.
-  Do not freeze.
-  Avoid shaking or strong impacts.



TIPS: The lyophilized product may be stored in the freezer for up to 36 months with no noticeable loss of effectiveness.



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